
hb **Beauty**
Urban Day Spa

FACIALS



TOUCH | SKIN SOLUTIONS

These targeted facial treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

Superfood Pro-Radiance

A natural boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives, clinically proven to leave skin plumper, radiant and lit up with good health.

30 mins

Sensitive Skin Soother

Fragile skin needs special attention. A soothing massage technique helps reduce the appearances of redness and protect against daily stresses. Texture and moisture levels dramatically restored. Skin is left supremely soothed, comfortable and calm.

30 mins

Anti-Blemish Mattify & Calm

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

30 mins

High Performance Skin Energiser

The hard working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

60 mins

TOUCH | ANTI-AGEING

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

Pro-Collagen Age Defy

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine-charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

30 / 60 mins

Pro-Definition Lift & Contour

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

30 / 60 mins

Dynamic Resurfacing Precision Peel

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin.

30 / 60 mins

White Brightening Pigment Perfector

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even colour corrected and illuminated complexion.

30 / 60 mins





GLYCOPEEL

A unique resurfacing treatment which combines Glycolic Acid and Pomegranate Enzyme for optimum effect, leading to softer, smoother & brighter complexion.

The BeautyLab Glycopeel Will:

- Improve The Appearance Of Thin & Fragile Skin
- Fight Skin Ageing
- Improve Elasticity & Firmness & Skin Texture
- Increase Collagen Synthesis
- Promote The Cycle Of Skin Shedding & Re-Growth
- Reduce The Appearance Of Brown Marks, Freckles & Pigmentation, Age & Liver Spots, Acne, Scaly Patches & Rough Skin (Keratoses)



MICROBLADING

Microblading is a way of implanting pigment under the epidermis using a specially designed tiny blade which leaves thin realistic hair strokes for the most natural finish. This technique is therefore more superficial than tattooing.

How Does It Work?

We design a brow which usually is totally bespoke to you - your colour will be mixed from the highest quality pigments. Using this method we can create almost any look from a very natural light finish or a beautifully bold brow, sparse or missing brows can be completely restored.

This new Eye Brow treatment suits people who have the wrong Brow shape, over plucked, over shaped, loss of hair/patchy areas that won't grow back or through medical reasons such as Alopecia or Chemotherapy. Microblading enhances a clients' natural features, giving them more confidence in their overall appearance.



BODY

MASSAGE

Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The following massage works deeper into the tension, encouraging optimum circulation.

Back Massage

30 mins

Back, Neck, Shoulders & Scalp

45 mins

Full Body Massage

60 mins

Deeper Than Deep Hot Stone Massage

Balinese stones bathed in the frangipani monoi body oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Back, Neck & Shoulders

45 mins

Full Body

60 mins

Garden Of England Rose Restore (Full Body)

60 mins

Take a walk in an English rose garden with this lavishly hydrating massage and micro wrap. The unique trio rose, camellia and poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.

De-Stress Scalp Ritual

30 mins

A deeply relaxing and soothing massage using traditional and Elemis techniques to unblock tension in the neck, shoulders & scalp. Helps relieve tension headaches & eye strain and induces a deep sense of calm while aromatic Elemis oils are used to relax the senses and condition the skin, hair & scalp.

ENERGY BOOSTING MUSCLEASE

Cleansing mineral salts, oil blends rich in actives and transportative aromatics are combined with a unparalleled level of expertise in massage and conditioning. For healthy, revitalised skin and deeply eased muscles.

Hot Mineral Body Boost

60 mins

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

Poultice-Powered Muscle Release

60 mins

Sore, aching muscles are worked away with this innovating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions. Completed with a restorative facial.



BODY

SCRUBS & WRAPS

Body Nectar Nourishing Wrap Sweet Orchid Or Frangipani

45 mins

The velvety texture of the monoi oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Intensely Cleansing Salt Scrub Lime & Ginger Or Frangipani

30 mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

DETOX & CELLULITE

Thousand Flower Detox Wrap

60 mins

This nutrient rich detox wrap uses the deeply nourishing green tea balm to encourage super skin health and powerful detoxification. It helps to stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Targeted Toning Tightener

90 mins

A powerful blend of massage and detoxifying, cooling clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms, clinically proven to reduce the appearance of cellulite after just one treatment.

Choose A Localised Treatment: Arms, Hips & Thighs or Abdomen 30 mins



HANDS & FEET

Garden Of England Rose Restore Hand Treatment

30 mins

This is the last word in conditioning, restorative, anti-aging hand treatments. Targets age spots and dryness.

Best Foot Forward

30 mins

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

PREGNANCY

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester.

Peaceful Pregnancy Massage

Performed on a pear-shaped beanbag that moulds to every bump, mothers-to-be are restored to optimum wellness with personally prescribed facial. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

75 mins

Peaceful Pregnancy Face & Body Experience

Settle into the pear-shaped beanbag for this treatment combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby.

135 mins



SUNJUNKIE SUPREME SPRAY TAN

The Sunjunkie supreme spray tan solution is formulated for those that love the olive look.

Expertly blended with the finest tanning agents infused with high quality moisturising ingredients and vitamins.

Sunjunkie spray tan solutions have been infused with unique colour undertones that actively work together to produce the most beautiful natural tan typically penetrating deeper into the skin than other spray tan solutions to ensure a longer lasting tanned complexion.

All sunjunkie spray tanning solutions are alcohol and paraben free. All of our products are cruelty free and 100% eco-cert verified.



JESSICA FINISHING TOUCHES



Jessica Express Manicure / Pedicure

30 mins

Nails are assessed and cuticles conditioned and moisturised, nails are beautifully shaped and treated with a prescriptive base coat, and completed by the perfect polish.

Deluxe Jessica Manicure/ Pedicure

60 mins

With heated mitts / booties. A luxurious manicure that incorporates a soak, all cuticle work, nail reshaping and hand and arm massage.

With our deluxe manicure / pedicure to add a hint of decadence a masque will be applied and heated mitts / booties added to encourage absorption for enhanced hydration.

Your treatment is finished with our treatment base coat, our glossy Jessica polish and high shine top coat.

Jessica Geleration Set of Gel Nails For The Fingers or Toes

40 mins

A shape and gel polish treatment on its own. Nails will be shaped, prepped and a full set of durable yet flexible non-chip, hard wearing finish polish will be applied to the nail bed that is long lasting between 2-4 weeks.

Gel Removal & New Gel Set

60 mins

After your gel polish has been outgrown and to minimise damage to the natural nail, gentle removal is recommended and a fresh set is then applied.

Jessica Geleration Gel Set Upgrade

20 mins extra

To be added on to any full Jessica manicure or Pedicure, for longer lasting more durable polish that lasts for weeks without chipping or showing signs of wear.

A French Upgrade

15 mins extra

To be added to any manicure or pedicure. A subtle pink/nude base tipped with pure crisp white.







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